

Fond du Lac County Senior Dining Program Menu 2Dates: March 2nd to April 3rd, 2009**Mon., March 2nd**

Roast Turkey
Bread Dressing
Homemade Gravy
Baby Whole Carrots
Cranberry Sauce
Peanut Butter Cookie
Wheat Bread

Tues., March 3rd

Ring Bologna
Ketchup
German Potato Salad
Red Cabbage
Chilled Apricots
Ice Cream
White Bread

Wed., March 4th

Spaghetti and
Meatsauce
Parmesan Cheese
Italian Green Beans
Tossed Salad w/
Italian Drsg
Strawberry Shortcake
Vienna Bread

Thurs., March 5th

Southern Fried
Chicken
Whipped Potatoes
Gravy
Spinach
Fruited Gelatin
Pumpkin bars
Dinner Roll

Fri., March 6th

Ham loaf
Sauerkraut
Red Jacket Potatoes
Margarine
Pineapple Tidbits
Vanilla Pudding
Russian Rye

Mon., March 9th

Hungarian Goulash
Over Pasta
Brussels Sprouts
Carrot Raisin Salad
Applesauce Cake
Rye Bread

Tues., March 10th

Pork Chop Suey
Steamed Rice
Japanese Blend Veg
Soy Sauce
Lettuce salad w/
1000 island
Peach Cobbler
Sourdough Bread

Wed., March 11th

Roast Beef
Mashed Potatoes
Gravy
Capri Blend Veg
Lime CC Salad
Hunter's Pudding
Wheat Bread

Thurs., March 12th

Chili
Broccoli
Cheese Slice
Crackers
Fruit for Salad
Molasses Cookie
Marble Rye Bread

Fri., March 13th

Pork Chop in gravy
Scalloped Potatoes
Tomatoes/ Zucchini
Macaroni Salad
Fresh Fruit
Wheat Bread

Mon., March 16th

Baked Chicken
Mashed Potatoes
Gravy
Beets
Tomato/Onion salad
Pear halves
Vienna Bread

Tues., March 17th

ST. PAT'S DAY
Corned Beef
O'Brien Potatoes
Cabbage
Citrus Fruit Salad
St. Patrick's Cookie
Russian Rye

Wed., March 18th

Pork Steak in gravy
O'Brien Potatoes
Wisconsin Blend Veg.
Pea & Cheese Salad
Purple Plums
Cornbread Muffin

Thurs., March 19th

Beef Tips
Over Noodles
Squash
Ambrosia Salad
Blueberry Torte
Wheat Roll

Fri., March 20th

Swiss Steak
Yams
Sliced Carrots
Under the Sea salad
Spice Cake
Wheat Bread

Mon., March 23rd

Meatloaf/ Ketchup
Baked Potatoes
Sour Cream / Marg.
Spinach
Tropical Fruit
Cherry Torte
White Bread

Tues., March 24th

Herb Chicken
Backwoods Potatoes
Winter Blend Veg.
Tossed Salad w/
French Drsg.
Cranberry Fluff
Sourdough Bread

Wed., March 25th

Roast Pork Loin
Dumpling
Gravy
WK Corn
3 Bean Salad
Fresh Fruit
Rye Bread

Thurs., March 26th

Sloppy Joes on a
Bun
Parsley Potatoes
Honey Glazed Carots
Mandarin Oranges
Banana Cake

Fri., March 27th

Liver and Onions
Mashed Potatoes
Gravy
Mixed Vegetables
Fruit Cocktail
Oatmeal Raisin
Cookie
Dinner Roll

Mon., March 30th

Beef Stew
Dumpling
Garden Blend Veg.
Lettuce Salad
w/ Ranch Drsg.
Carrot Cake w/ cream
Cheese Frosting
Dinner Roll

Tues., March 31st

Baked Ham
AuGratin Potatoes
Green / Wax Beans
Cinn Applesauce
Pineapple Upside
Down Cake
Rye Bread

Wed., April 1st

Poor man's Lobster
Tartar Sauce
Oven Brown Potato
Rivera Blend Veg.
Creamy Coleslaw
Ice Cream
Russian Rye Bread

Thurs., April 2nd

Pizza Casserole
Italian Blend Veg
Apple Rings
Tapioca Pudding
Dinner Roll

Fri., April 3rd

BBQ Rib
Boiled Potatoes
Marg Pat
Peas
Sunshine Salad
Birthday Cake
Sourdough Bread

Menus are subject to change*2% Milk, Margarine and Decaffeinated Coffee
Served with all congregate meals*

Esther Mukand-Cerro, R.D., C.D.
Alyson Koehn, FSD